



ST MICHAEL'S SCHOOL
PINCHER CREEK
— Est. 1904 —

DRAGON

ATHLETICS



NAME OF ATHLETE: _____



General Philosophy

We believe that participation in sports provides a wealth of opportunities and experiences to students. The sound development of the physical capacities of youth complements and enhances the intellectual, spiritual, emotional, and social development of the goals of a comprehensive education. We encourage student participation and would like to involve as many students as possible in a competitive interscholastic athletic experience. All team members, regardless of ability, will be afforded opportunities to develop their work ethic, sense of commitment, and social and athletic skills.

Athletic Code- Conduct of Athletes

A firm and fair policy of enforcement is necessary to uphold the regulations and expectations of St. Michael's School Athletics. High standards of conduct and citizenship are essential in maintaining our athletic programs. The opportunity to participate in the extra-curricular athletic program is afforded to all deserving students enrolled at St. Michael's School. Participants are expected to respect and follow specific conduct standards established by the Athletic Director and school administration. Any conduct that results in dishonor to the athlete, the team, or the school will not be tolerated.

1. Academic Eligibility

- a) All student participants must **maintain a grade average of 50%**. This eligibility process will begin on the first day of school, each school year.
- b) All student participants will have their grade **monitored by teachers** on a regular basis throughout the season. Teachers will notify the Athletic Director when a student's academics are suffering which will lead to probation from practices or games.
- c) A **student declared ineligible is not authorized to:** participate, be in school uniform at a scheduled event, on the team bench, or travel with the team to any away event until regaining eligibility.
- d) A minimum of 800 min/semester is required to be eligible to compete in SSA events.

2. Fees and Fundraising

- a) All players MUST pay athletic fees to St. Michael's School in order to participate in the School Athletic Program. These fees are not covered for 'on reserve' students. They are separate and aside from student fees.

Player fees cover the cost of league fees, tournament entry fees, zone fees, zone t-shirt fees, provincial fees (for high school), referee and scorekeeper' fees for their home games and the replenishment of a variety of emergency kit items.

This payment is to be made at the beginning of each season along with the signing of the code of conduct (signed by the athlete and parent), player permission form, and medical form.

****Fees for Volleyball and Basketball MUST be paid in full prior to one month into the season with the exception of Cross-Country, Badminton, and Track and Field,(two weeks into the season). Any unpaid fees, or prior arrangements for payment will result in your son/daughter NOT participating or playing in games. However, the student athlete will be allowed to continue practicing with their team until the fees are paid.**

Any outstanding fees also NEED TO BE PAID before your child participates in the current athletic season.

Programs such as Kid Sport have been amazing in covering fees after an application has been submitted. As well, 'on reserve' students can apply to the Band for coverage too. Please see the principal if you need more information.

b) **Athletic fees do not entitle the student/athlete a certain amount of playing time, especially in Sr. High.**

- Playing time is at the discretion of the coach. When possible, in Junior High Athletics, consideration will be given to all players and their development in regards to playing time.
- Junior high promotes **equal time as much as possible**, but those strong attenders to practices, committed to team sportsmanship etc. are all vital parts of growing foundational skills too.
- Senior high athletes are expected to show sportsmanship, commitment to team, practices and a positive attitude. All of these contribute to playing time as well as skill set.

c) Student athletes and their families are responsible for participating in fundraising activities (for example- home tournaments). All participants are expected to raise their fair share of volunteer time and contribute equitable funds.

3. . Absences/Lates

- a) Student athletes may not participate in an athletic contest (game/tournament) if they are absent from school on the day of that activity. If absent on Friday the student /athlete may not participate in contests that weekend. We recognize that some absences are unavoidable (for example; advance scheduled medical appointments, funeral, etc.) for these circumstances participation will be at the discretion of administration.
- c) A student /athlete who is suspended from school is ineligible for athletics during their suspension.

4. Travel

- a) Team travel to games and tournaments is supported by parent drivers as well as coaches. We will be asking parents to do the majority of the driving to away games and tournaments. **Athletes ARE allowed to travel with a friend's parent as long as that parent driver has permission from the child passenger's parent.**

****Students ARE NOT allowed to drive themselves to and/or from a game. School buses are available on a limited basis, however there is a shortage of bus drivers. If you'd like to become a Dragons volunteer bus driver, please inquire at the office.**

5. Attitude

- a) Every player is expected to be a positive force for the well-being of the team. Poor attitude, poor sportsmanship and bad language are unacceptable from both players, coaches and fans. Any player who displays poor sportsmanship will be dealt with on an individual basis. Their standing with the team will be reviewed by the coach, Athletic Director, and school administration.

6. Spectator/Parent Conduct

- a) Because the conduct and actions of our students, athletes, coaches, fans, and all of those involved in an activity reflect back on the school, it is expected that everyone will act in a reasonable and responsible manner and follow the athletic code of conduct for each school. Failing to meet these expectations **may result in being asked to leave the premises** and actions will be held accountable with school administration.
- b) A parent information meeting will most likely be held near the beginning of each sport season by each coach. It is very important that parents and athletes attend these meetings as it is a prime opportunity to review our athletic policy, sign up for duties, voice concerns or share ideas.

7. Leaving School Early

We will do our best to make sure that teams are not leaving early for tournaments on too many Fridays. This usually cannot be helped for playoffs, zone tournaments or provincial tournaments. The less school that a student misses the better.

8. Digital Citizenship

Holy Spirit School Division has incorporated an updated policy that all staff, parents and students sign to ensure we are being respectful digital citizens. Any misuse of devices, inappropriate conduct in social media athletic posts could lead to involvement of administration and further disciplinary action as required. No devices should be utilized inside change rooms, and appropriate use at all school sites is expected.



Fees for St. Michael's School Interschool Sports



Registration fees cover only a portion of the total cost for the inter-school athletic program. Each athlete and their family are expected to assist with driving, fundraising activities when available and volunteer assignments for tournaments. ****Please only pay the fees of those sports that are in season. All fees will be available to pay on our School Cash Online website in September.**

FEES: Volleyball: Junior High - \$200.00;	Senior High - \$400.00 Provincial Fee - \$200.00
Basketball: Junior High- \$200.00;	Senior High - \$460.00 Provincial Fee - \$200.00
Badminton: Junior - \$40.00;	Senior High - \$50.00 Provincial Fee - \$85.00
Track & Field: Junior \$40.00	Senior High- \$40.00 Provincial Fee - \$55.00
Cross Country Running - \$45.00	Senior High Provincial Fee - \$100.00
Golf: Fees will vary. - Up to \$165	Provincial Fee - \$110.00

Name of Student: _____

Allergies/Health Conditions: _____

Parent/Guardian Contact: _____

Address: _____

Emergency Phone Number: _____

I, _____ (Parent/Guardian), give my permission for _____ (Name of Student) to participate in the extra-curricular sports at St. Michael's School.

I understand the responsibilities stated in the Student Interschool Sports Contract and will do my best to maintain the standards listed therein.

Signature of Parent/Guardian: _____

Signature of Student: _____ Date: _____



INTERSCHOOL SPORTS CONTRACT



Student Name: _____ Team: Dragons

Date: _____ Grade: _____

As a student of St. Michael's School, I recognize that it is a privilege to represent our school on a sports team. To maintain my position on the team indicated above, I agree to the following terms and conditions:

- 1) I will attend all of my classes regularly and complete all assignments when due. I will give advance notice to my teachers or the office if I am unable to attend class.
- 2) I will come to school with a positive attitude, be responsible for my actions and respect myself and others at all times.

I understand that the privilege of attending practices or games will be automatically revoked if:

- I have an unexcused absence from any class (length of time to be determined by administration).
- My actions result in a school disciplinary action.

I understand that:

- **If I am away from school due to illness, I am not to participate in team sports until I am well enough to attend classes.**
- I am expected to model exemplary conduct while at school, while traveling to and from games, and while playing at other schools.
- I am expected to dress in an appropriate manner for the full school day on game days.
- Once I have been selected and agreed to be a part of a team roster, I have made a commitment to play, practice, and participate positively with the team for the duration of the season. Failure to maintain this commitment (ie. quitting the team, missing practice, or being asked to leave the team for demonstrating a lack of commitment) may result in being ineligible to participate in any inter school sports in the future.

Signatures:

Student: _____

Parent: _____

Date: _____



INTERSCHOOL SPORTS

PROGRAM



Expectations

of Parents

The following expectations have been developed by St. Michael's School administration and athletic department.

- 1) Be supportive of the team and the players of the interschool sports program.
- 2) Be supportive of the coach. They are volunteers and do not get paid. Please respect that they are donating their time, talent and commitment to growing our students in their skills. It is difficult to build team unity and effectiveness when parents are telling their children something different than the coach. The coach is responsible for the performance of the team and therefore makes decisions in the best interest for the team.
- 3) Support the goals of sportsmanship and help build pride and respect both to your child and St. Michael's School.
- 4) Help your child to follow and uphold the St. Michael's School athlete's guidelines for participation.
- 5) Cheer for your child's team. Don't cheer against the other team. Remember all student athletes are someone's child. Treat them all as you would expect your child to be treated.
- 6) **Show respect for the officials.** In Junior High our referees are students and learning the game just like your child is. In Senior High, carded refs are difficult to come by as the pool is very small. They referee a ton, and deserve the respect that they give for their time and skills as carded referees. Remember, one of the most effective teaching strategies you can employ is the behavior that you model.

Parent Signature: _____ Date: _____



St. Michael's School

High School Athletes ONLY



School Sport Alberta Registration

Student athletes must be registered with School Sport Alberta (SSA) to participate in SAA sanctioned competitions. The registration process requires the disclosure of the following information:

- Student's name
- Student's birthdate
- Instructional minutes per week the student is receiving
- Year student entered grade 10
- Individual or team pictures

This information is provided to SSA zone secretaries and provincial championship hosts and may appear in media publications supported by the SSA.

I consent on behalf of _____ to the information
Student Name
of disclosures as described above.

Parent/Guardian Signature: _____